

OLDER ADULT AND CAREGIVER

DRIVE THROUGH MENTAL HEALTH EVENT

Beat the COVID Blues!

MONDAY
SEPTEMBER 28TH 10 - 11 AM

Platte County YMCA
(parking lot)
8875 Clark Avenue
Parkville, MO 64152
Phone: (816) 505-2622

SHOW-ME



MISSOURI

DISASTER DISTRESS HOTLINE

CALL: 1-800-985-5990

TEXT: "TALKWITHUs" to 66768

DON'T MISS OUT!

**THIS EVENT IS OPEN TO ALL
SENIORS AND CAREGIVERS!**

An opportunity for seniors and older adult caregivers to drive-through to gather self-help tips to combat isolation, mental fatigue, and symptoms of depression. This type of gathering allows for social distancing while connecting with others in a fun way! Hope to see you there.



Senior Life Solutions®

Participating Organizations:

Dianna Englander: Northland Shepherd's Center

Rachelle Morgan: Soundscaping Source LLC

Becky Franklin: Tri-County Mental Health Services

Angie Winkler: Signature Psychiatric Hospital

Darci Henry: Monarch Behavioral Health

Lindsey Hash: Senior Life Solutions



Northland Shepherd's Center
Helping Seniors Thrive



SOUNDSCAPING
SOURCE



Signature
Psychiatric Hospital



TRI-COUNTY
MENTAL HEALTH
SERVICES, INC.

CAMERON
MEDICAL



CENTER
REGIONAL